

**Blessed is the One Who
Delights in God's Word**

Psalm 1

- **Psalm 1:1** “Blessed is the man who walks not in the counsel of the wicked, nor stands in the way of sinners, nor sits in the seat of scoffers;
- 2 but his delight is in the law of the Lord, and on his law he meditates day and night.
- 3 He is like a tree planted by streams of water that yields its fruit in its season, and its leaf does not wither. In all that he does, he prospers.
- 4 The wicked are not so, but are like chaff that the wind drives away.
- 5 Therefore the wicked will not stand in the judgment, nor sinners in the congregation of the righteous;
- 6 for the Lord knows the way of the righteous, but the way of the wicked will perish.

Psalm 1

- There are three sets of three in this Psalm.
- There is walking and standing and sitting.
- There is the counsel, the way, and the seat.
- And there is wicked, sinners, and scoffers.
- There also appears to be a progression of departure away from God and away from God's Word.

Psalm 1

- There are two people described in Psalm 1.
- One, the righteous, is compared to a tree.
- This tree is planted by the riverbed and it's rooted and anchored to this water source.
- It has a constant supply of water, and the supply is something outside of it, streams of living water, something outside of it gives it life; something outside of it gives it strength and gives it stability.
- It's a well-grounded tree and it's roots go down deep and tap into the riches of this flowing stream, so that when the wind blows - and the wind is going to blow - when the wind blows, I love this phrase, "it's leaf does not wither."

- **The other one, the wicked, is compared to chaff.**
- **Agriculturally speaking, chaff is the weightless part of the harvest.**
- **When the wheat is harvested and winnowed and thrown into the air, the weightier part, the substantial part falls to the ground and the wind drives the chaff away.**
- **The reality of the wicked, like chaff, is that they are ungrounded.**
- **The wicked have no stability; they're not rooted or anchored and are like dust in the wind, tossed to and fro, so that when the wind comes they're tossed away, they're blown away.**
- **That is who we are apart from God and His Word.**

The Straight and Narrow Path of the Blessed

- **Psalm 1:1** “Blessed is the man who walks not in the counsel of the wicked, nor stands in the way of sinners, nor sits in the seat of scoffers;
- **2** but his delight is in the law of the Lord and on his law he meditates day and night.

- **Psalm 1:1** “Blessed is the man who walks not in the counsel of the wicked nor stands in the way of sinners, nor sits in the seat of scoffers;
- “The blessed man is someone who does not get lured into ways of thinking, ways of behaving, or ways of belonging of this world.” (**Derek Kidner**)
- The blessed man does not get lured into that lifestyle, but happy is the man who refuses to anchor his life, happy is the man who refuses to root his life in anything other than God’s ways of thinking, behaving and belonging.

- **Psalm 1:1** “Blessed is the man who walks not in the counsel of the wicked nor stands in the way of sinners, nor sits in the seat of scoffers;
- **A good question to ask before you read the psalms in order to understand what a deeper intimacy with God really looks like is this, “...because I am already loved, and treasured, and adopted by God, and belong to Him by grace, through faith, how shall I now live? What is the good and righteous way that God has designed for me to bring Him glory?” (Piper)**

- **“Blessed is the man.” (Psalm 1:1)**
- **Question:** Do you want blessing in your life?
- **Blessed:** This Hebrew word there means, “Happy,” and it means it in the richest, most full, sense of the word and is rooted in moral, and mental, and physical, and spiritual well-being.
- **When it is all said and done, as Christians, we should want whatever that word means!**
- **Matthew 5:3** “Blessed are the poor in spirit, for theirs is the kingdom of heaven.
- **6 Blessed are those who hunger and thirst for righteousness, for they shall be satisfied.”**

- **Psalm 1:1** “Blessed is the man who walks not in the counsel of the wicked nor stands in the way of sinners, nor sits in the seat of scoffers.”
- **Walk-stand-sit.**
- **In everyone’s life, saved or not saved, our walking and standing and sitting comes in the midst of times of blessing and joy, as well as times of pain, sickness, temptation, failures, persecution, and tears.**

- **Psalm 1:2** “...but his delight is in the law of the Lord and on his law he meditates day and night.”
- **Delighting in God’s Law is a sign of salvation because it says in Romans 8:7** “...*the mind that is set on the flesh is hostile to God, for it does not submit to God's law; indeed, it cannot. 8 Those who are in the flesh cannot please God.*”
- **1 Corinthians 1:18** “For the word of the cross is folly to those who are perishing, but to us who are being saved it is the power of God.”

- **Psalm 1:2** “...but his delight is in the law of the Lord and on his law he meditates day and night.”
- **What is the problem that prevents us from delighting in God’s word?**
- **Genesis 6:5** “The Lord saw that the wickedness of man was great in the earth, and that every intention of the **thoughts of his heart** was only evil continually.”
- **How does God’s word liberate us?**
- **Hebrews 4:12** “For the word of God is living and active, sharper than any two-edged sword, piercing to the division of soul and of spirit, of joints and of marrow, and **discerning the thoughts and intentions of the heart.**”

- **Psalm 1:2** “...but his delight is in the law of the Lord and on his law he meditates day and night.”
- **What is the effect on our lives of the living and active word?**
- **Romans 12:2** “Do not be conformed to this world,[c] but be transformed by the renewal of your mind, that by testing you may discern what is the will of God, what is good and acceptable and perfect.”
- **Be Transformed:**
 - **Tense:** Present Continuous: (*go on being transformed*)
 - **Mood:** Imperative: (*something to be done*)
 - **Voice:** Passive: (*it is something that happens to us.*)
 - **Translation:** Be Being Transformed.

- **Romans 12:2** “Do not be conformed to this world,[c] but be transformed by the renewal of your mind, that by testing you may discern what is the will of God, what is good and acceptable and perfect.”
- **In this text, we are being called to actively engage in an activity in which we are passive.**
- **God uses the instrument of the Gospel, the Word of God, as we delight in it and meditate upon it, to transform our minds and renew our affections as we avail ourselves to its’ power through the Holy Spirit.**
- **John 17:17** “Sanctify them in truth, Your Word is truth.”

- **What is the overflow of delighting in God's word?**
- **Psalm 1:3** He is like a tree planted by streams of water that yields its fruit in its season, and its leaf does not wither. In all that he does, he prospers.
- **The will of God for His children, and the pattern of the believer's life is for His children to delight in His Word so that they'll yield fruit in season—spiritually fruitful.**
- **Galatians 5:22** “The fruit of the Spirit is love, joy, peace, patience, kindness, gentleness, goodness, faithfulness and self control.”
- **2 Thessalonians 1:3** “We ought always to give thanks to God for you, brothers,[a] as is right, because your faith is growing abundantly, and the love of every one of you for one another is increasing.”

- **Psalm 1:3** “He is like a tree planted by streams of water that yields its fruit in its season, and its leaf does not wither. In all that he does, he prospers.”
- **John Piper**, ““O for more fruitful people. You know them. They are refreshing and nourishing to be around. You go away from them fed. You go away strengthened. You go away with your taste for spiritual things awakened. Their mouth is a fountain of life. Their words are healing, and convicting, and encouraging, and deepening, and enlightening. This is the effect of delighting in the Word of God.”

- **Psalm 1:3** “He is like a tree planted by streams of water that yields its fruit in its season, and its leaf does not wither. In all that he does, he prospers.”
- **Its’ leaf does not whither, regardless of the season.**
- **1 Peter 2:2** So put away all malice and all deceit and hypocrisy and envy and all slander. ² Like newborn infants, long for the pure spiritual milk, that by it you may grow up into salvation— ³ if indeed you have tasted that the Lord is good.

- **Psalm 1:3** “He is like a tree planted by streams of water that yields its fruit in its season, and its leaf does not wither. In all that he does, he prospers.”
- **Jeremiah 17:7** “Blessed is the man who trusts in the Lord; whose trust is the Lord.
- **8** He is like a tree planted by water that sends out its roots by the stream and does not fear when heat comes, for its leaves remain green, and is not anxious in the year of drought, for it does not cease to bear fruit.”

The Downfall of the Wicked

- **Psalm 1:4** The wicked are not so, but are like chaff that the wind drives away.
- **5** Therefore the wicked will not stand in the judgment, nor sinners in the congregation of the righteous;
- **6** for the Lord knows the way of the righteous, but the way of the wicked will perish.

- **Psalm 1:4** The wicked are not so, but are like chaff that the wind drives away.
- **The ultimate downfall of the wicked is that they** “...*walk in the counsel of the wicked, stand in the path of sinners, and sit in the seat of scoffers.*”
- **Jeremiah 17:5** “Cursed is the man who trusts in man and makes flesh his strength, whose heart turns away from the Lord.
- **6** He is like a shrub in the desert, and shall not see any good come. He shall dwell in the parched places of the wilderness, in an uninhabited salt land.”

- **Psalm 1:5** Therefore the wicked will not stand in the judgment, nor sinners in the congregation of the righteous;
- 6 for the Lord knows the way of the righteous, but the way of the wicked will perish.
- **Proverbs 14:12** There is a way that seems right to a man, but its end is the way to death.
- **Matthew 7:13** “Enter by the narrow gate. For the gate is wide and the way is easy[a] that leads to destruction, and those who enter by it are many. **14** For the gate is narrow and the way is hard that leads to life, and those who find it are few.

Conclusion

- **Psalm 1:1** “Blessed is the man who walks not in the counsel of the wicked, nor stands in the way of sinners, nor sits in the seat of scoffers;
- 2 but his delight is in the law of the Lord, and on his law he meditates day and night.
- 3 He is like a tree planted by streams of water that yields its fruit in its season, and its leaf does not wither. In all that he does, he prospers.”